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## Do you know?

Breakthru apprentices are teenagers and young adults who learn differently, or some say special needs (Autism, Global Developmental Delay, Down Syndromes, Dyslexia etc).

When you order these cookies, you give me and my friends, the apprentices, opportunities to make yummy Breakthru signature cookies for you to share with others.

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# Parents' Consultation Meeting (PCM)






Our upcoming **PCM** will be held from **29 January 2024 onwards**. You can book your available slots in advance for the monthly meeting up via the attached link: <https://breakthru.my/hub-pcm/>

We look forward to seeing you and would greatly appreciate if you can **send us your child's video** of him/her engaging in an activity in order to review and measure his/her progress during the PCM.

PCM is a 30-minutes monthly meeting with parents / caregivers to review **2 goals** (per month) of the child from reflexes' perspective and developmental milestones.

**\*Note:** The **first PCM** of the year will be conducted to discuss the parents' expectations and specific goals of the child for the year, with mutual agreement from both parents & facilitators.

## How does it go about?

Step 1 (1 – 2 mins)	
	Parents & facilitators watch and observe a short video of the child together.
Step 2 (10 – 15 mins)	
	Parents & facilitators discuss on the child's progress based on <b>Breakthru Sandwich Model</b> . <ul style="list-style-type: none"> <li>- Child's Strengths</li> <li>- Child's Needs / Challenges</li> <li>- Recommendations from our consultant</li> </ul>
Step 3 (4 – 9 mins)	
	Parents & facilitators determine if the 2 focused goals have been achieved / still in progress / to be revised.
Step 4 (4 – 9 mins)	
	Parents raise any questions or discuss with facilitators on the child's other area of concerns.
Step 5	
	<ul style="list-style-type: none"> <li>- Facilitators provide a <b>summary report</b> after the meeting.</li> <li>- Mutually agreed of at least 1 goal of the month are achieved,</li> </ul>